

ARIZONA DEPARTMENT OF ECONOMIC SECURITY  
 Comprehensive Medical and Dental Program (CMDP)  
 Site Code 942C, P.O. Box 29202  
 Phoenix, Arizona 85038-9202  
 (602) 351-2245 ♦ 1-800-201-1795

### CMDP FAMILY PLANNING SERVICES

The Comprehensive Medical and Dental Program covers Family Planning and birth control services. If you have questions, please ask your Primary Care Provider (PCP) or physician, your parents, case manager, probation officer or your foster caregivers. If you do not want to talk to any of these people, please contact a CMDP Medical Services nurse, at 602-351-2245, or 1-800-201-1795, ext. 7063. An appointment with a PCP or physician for a yearly physical examination is recommended for all sexually active CMDP members.

#### FAMILY PLANNING SERVICES PAID BY CMDP

- ♦ Education and referral, including information about preventing unwanted pregnancy and sexually transmitted diseases (STD).
- ♦ Contraceptive (*birth control*) drugs or supplies prescribed by a physician, including condoms; diaphragms; oral contraceptive drugs (*the pill*); injectable contraceptives like Depo-Provera; spermicides (*chemicals which stop sperm*) such as foams, creams, jellies, suppositories.
- ♦ If you need a prescription method of birth control, like the birth control pill, you should have a general physical exam, including a pelvic exam and lab tests. Once each year you should return for a physical exam if you are taking a prescription method of birth control.
- ♦ When your PCP or physician gives you a prescription for birth control, including methods which typically you can buy without a prescription (*like foam and condoms*), you can use your CMDP Member Identification card at CMDP participating pharmacies. Contact CMDP Member Services at 602-351-2245 or 1-800-201-1795 if you are unable to find a pharmacy that accepts your ID card.
- ♦ HIV testing requires authorized signatures and the approval of your case manager or probation officer. All pregnant CMDP members are highly encouraged to test for HIV, arranged by your PCP, a physician or an OB/GYN. This is to ensure you receive appropriate health care, as well as to ensure positive health outcomes for the newborn and ongoing care needs. Counseling is available for all members that test HIV positive.

**Note: Family planning services do not include abortions or abortion counseling.**

#### CMDP SUPPORT SERVICES

CMDP provides additional help in the following manner:

- ♦ CMDP maintains a current list of registered health care providers. We can help you locate and select a provider upon request.
- ♦ Because education is important, the CMDP Family Planning nurse maintains a list of resources to assist you, the case manager or probation officer, and your foster caregivers in finding information about family planning, including birth control.
- ♦ The family planning nurse informs PCPs and physicians about current CMDP Family Planning policies and procedures.

Equal Opportunity Employer/Program ♦ Under the Americans with Disabilities Act (ADA), the Department must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. For example, this means that if necessary, the Department must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Department will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. This document is available in alternative formats by contacting CMDP at 602-351-2245, or toll free at 1-800-201-1795.

♦ Español en el reverso.